

Capital Region Nordic Alliance Presents... "on the Rensselaer Plateau"

1st PLATEAU RUN 5KM SNOWSHOE RACE

December 29, 2012

Pine Ridge X-C Ski Center

East Poestenkill, NY

#	NAME	AGE	TIME	PTS
01.	Conner Devine	19	23:34	100.00
02.	Ned Kennedy	54	24:18	98.11
03.	Ken Clark	50	25:41	96.23
04.	Carolyn Stocker	20	26:00	94.34
05.	Rich Teal	34	26:14	92.45
06.	John Beard	48	26:18	90.57
07.	Andrew Rickert	33	26:38	88.68
08.	Clinton Morse	50	27:40	86.79
09.	Edward Alibozek	50	28:28	84.91
10.	Bruce Giguere	45	28:47	83.02
11.	Wayne Stocker	58	28:56	81.13
12.	Eric Kimmelman	48	29:30	79.25
13.	Gene Primamo	55	29:50	77.36
14.	Jimm Devine	52	30:05	75.47
15.	Patrick Fernald	40	30:09	73.58
16.	Mike Siudy	38	30:12	71.70
17.	Tom Tift	55	31:52	69.81
18.	Jeff Clark <i>younger</i>	54	31:54	67.92
19.	Mendy Taylor	35	32:13	65.09
19.	Hannah Riordan	17	32:13	65.09
21.	Glen Tryson	59	32:57	62.26
22.	Duane Knutson	60	33:14	60.38
23.	Theresa Apple	51	33:42	58.49
24.	Addam Sentz	33	33:49	56.60
25.	Marcy Beard	43	33:58	54.72
26.	Mike Lahey	61	34:20	52.83
27.	Kim Morrison	33	35:20	50.94
28.	Gary Hebert	48	37:04	49.06
29.	Peter Canzone	59	38:07	46.23
29.	Maureen Robert	54	38:07	46.23
31.	Laura Clark	65	38:41	43.40
32.	Brad Herder	55	38:42	41.51
33.	Ed Alibozek Jr.	73	38:52	39.62
34.	Douglas Fox	68	39:16	37.74
35.	James Carlson	64	39:29	35.85
36.	Steve Mitchell	71	39:34	33.96
37.	Vince Kirby	56	39:40	32.08
38.	Jennifer Ferriss	41	39:41	30.19
39.	Stan Serafin	59	39:42	28.30
40.	Laurel Shortell	46	40:17	26.42
41.	Debra Wechter	37	40:40	24.53

#	NAME	AGE	TIME	PTS
42.	Joseph Murphey	33	41:27	22.64
43.	Pete Lipka	61	41:51	20.75
44.	Mike DellaRocco	61	42:56	18.87
45.	Vicki Quagliaroli	59	46:55	16.98
46.	Jamie Howard	33	47:06	15.09
47.	Janet Tryson	59	48:22	13.21
48.	Julie Gardner	41	51:04	11.32
49.	Phyllis Fox	60	51:05	9.43
50.	Steve Obermayer	52	51:08	7.55
51.	Kathleen Tersigni	42	51:09	5.66
52.	Jeff Clark <i>elder</i>	66	55:51	3.77
53.	Jules Seltzer	77	58:59	1.89

On Dec 29, 2012, CRNA (Capital Region Nordic Alliance) finally held its first snowshoe event, setting off 53 competitors in a mass start format at Pineridge XC ski area. CRNA members Tom Wright and his daughter Rachel, Stephen Wilson, and Russ and Becky Myer collaborated with Western Massachusetts Athletic Club and Dion Snowshoe Company to start 2012-13 on the right foot (sorry!)...or was it the left foot (ouch!)

Future CRNA snowshoe events will be held at Garnet Hill Lodge and XC Ski Center, North Creek and other localities in the capital Region. CRNA is working with several nonprofits such as Stride Adaptive sports on special snowshoe events for youth and military with special needs

CRNA's next race will be on Sunday 1/6/13 at 1 p.m., held at Garnet Hill Lodge & XC Ski Center in North River, NY.

Tom Wright / Race Director

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<http://capitalregionnordicalliance.org/archives/780>