

WMAC SNOSHU-NEWS

PRESIDENT'S DAY WEEKEND

The Valentines Day storm left most of New England with plenty of snow. With so little snow prior to this weekend anticipation was high for some fun in the woods. Seventy-four runners completed the tough 8K course at Camp Saratoga (Wilton, NY) on Saturday. The sugary snow made for tough going. Ken Clark dominated the race with a six minute victory. Sarah Rowe was top woman, finishing thirteenth overall and over 12 minutes ahead of her nearest female competitor.



Camp Saratoga 8KM Snowshoe Race start; overall winner Ken Clark leading Winterfest Runner-Up Jeremy Drowney. D MacNamara photo.

The Hallockville race on Sunday had fifty-eight finishers. Paul Low led the way over the challenging 4.5 mile layout, winning by over four minutes. Kelli Lusk (Paul's better half), took her second consecutive victory and second top five overall finish. Kelli beat her nearest female competitor by over 12 minutes.



Past USSSA Regional Representative Britt Brewer exits the Hawley Pass single-track during Hallockville Pond "Basin Brook" version on his way to a 12th place finish. d dunham photo.

The weekend wrapped-up with a 3.3 mile race in Andover MA on Monday morning. Sixteen runners were met with a nasty wind of over 20 mph and temperatures in the teens. Ben Nephew held off Dan Verrington by five seconds to take the win. Laurel Shortell used a strong closing kick to take a 37 second victory over first-time snowshoe racer Marie Leigh.

Totals for the weekend:

Laurel Shortell (82.18 points) and Richard Busa (56.88) were the only runners to complete the triple. Laurel amassed over 530 miles of driving and Richard drove over 640 miles!

5 runners completed the Hallockville / Merrimack double.

<u>Name</u>	<u>Age</u>	<u>Points</u>	<u>Notes</u>
Dave Dunham	42	185.78	
Dave Hannon	35	169.23	
Rob Smith	39	159.48	
Jay Curry	35	118.97	
Bill Morse	55	107.59	Top 50+

13 runners completed the Camp Saratoga / Hallockville double.

<u>Name</u>	<u>Age</u>	<u>Points</u>	<u>Notes</u>
Ken Clark	45	196.55	
Bob Dion	51	181.55	Top 50+
Paul Fiondella	60	144.27	Top 60+
Paul Hartwig	50	133.09	
John Pelton	67	119.06	
Peter Lipka	53	111.56	
Dave Boles	60	105.04	
Laura Clark	59	75.77	Top Woman
Denise Dion	48	58.29	Top 40+ Woman
Chris Johnson	49	56.48	
Bob Massaro	63	49.44	
James Howard	41	22.50	
Konrad Karolczuk	54	13.28	



Laurel Shortell rolling toward a ladies victory at Merrimack River 3.3-Miler. d. dunham photo.

GROUNDHOG LIED!

*On this Groundhog Day we think of one thing.
Will we have winter or will we have spring?*

*On Gobbler's Knob I see no shadow today.
I predict that early spring is on the way.*

Punxsutawney Phil, February 2, 2007

On the morning of February 2nd, a mere two days before the Winterfest Snowshoe Race, Punxsutawney Phil emerged from his heated burrow underneath a simulated tree stump, failed to spy his shadow and, according to groundhog-speaking interpreters, uttered the above prediction. That evening it began to snow and Winterfest became the first actual snowshoe race in the much-postponed 2007 WMAC Snowshoe Series. A week later, it kept on snowing to the tune of two plus feet. For you amateurs out there, that's a little more than the length of a Dion regulation-sized snowshoe. Thanks, Phil, for being wrong!

But was he totally to blame? Let's back up a bit, courtesy of the Google search engine. Apparently for the Germans who settled in the town Punxsutawney, named after the Delaware Indian word for sand fly (doesn't sound like a prime spot for trail runners) Candlemas Day, which came at the midpoint between Winter Solstice and Spring Equinox, was a big deal. And if you had no central heating and outhouse-only facilities, it probably would have been for you also. On Candlemas Eve, folks would set lighted candles in their window. If the day dawned clear and bright, there would be six more weeks of winter. Sort of like the eye of the hurricane or the calm before the next winter's storm. Apparently there was a shortage of candles in the colonies for the Germans pounced on the next eager volunteer, Groundhog, who was believed to be the ancient ancestor of the Delaware Indians and as such was used to humoring the quirky habits of his two-footed progeny. So contrary to all logic, if February 2nd is cloudy, we will have an early spring, while if the sun peeks out winter will return. And of course this February 2nd was cloudy because it was going to snow.

A real, back-to-nature Groundhog would have known better and winked his eye as he recited his poem, but not Punxsutawney, a pampered pet who, once a year, experiences about five minutes of cold weather. The rest time he lives in a special climate-controlled enclosure in, of all places, the town library, where he prepares for his yearly date with destiny by fueling on dog food and ice cream. You'd think he'd spend some of that time watching the weather channel...

In fact, he was probably laughing all the way to the refrigerator if he happened to glance out the window on the morning of February 14th. Did we ever get a great Valentine's Day present—a whopper of a storm and a snow day to enjoy it! A great sign of relief was heard in the Clark household. We went from rerouting the Camp Saratoga course to Bob Dion's worried query, "Do you think there will be too much snow?" Get real, Bob, you make snowshoes for Pete's sake!

But on race day we did learn that there truly was such a thing as too much snow. The day before, Jim Carlson, Pete Finley and I tramped down the steep sections of the trail while Kevin Joyce valiantly aimed the Preserve's snowmobile into the drifted snow. At times we were working at cross purposes. Jim, Pete and I were wilderness adventurers; Kevin immersed in the modern era. We finally compromised, designating some sections for snowshoes only. Both approaches proved to be tough going.

The romp began on a much-traversed section and headed into the woods. Basically, lots of footprints on two feet of soft snow meant that snowshoes were going every which way and no one could gain traction. When two shoes attached to matching feet slid in opposite directions, the result was "Runner Down!" Rich Busa, right next to me, was one of the first to yield. Out of the corner of my eye I saw him take a header and was wondering why he was fooling around so early in the race. As more folks hit the snow, it soon became apparent that we were all in serious jeopardy. Even if we didn't fall, we had to be prepared to hurdle a prone body. Dions, with their snowshoe hare heritage, fared better than most, but still struggled initially to get their sea legs. It felt just like running aboard a fluid, constantly shifting terrain. Christine Reynolds, all the way from the Finger Lakes, fought the good fight, coming in third woman overall despite the fact that her Redfeathers' rear tips constantly hooked under the front decking, tripping her up and occasionally sending her down.

At first I thought this was all fun and games and tried to pretend I was running on slippery mud, keeping my feet light and snow contact minimal. After all, we surely had had enough practice on mud this past trail season! But that proved tiring and I was having a hard time holding out till I got to the groomed portion of the trail. Then, in a moment of revelation, I realized that I *was* on the groomed portion of the trail. But before despair fully took hold, I noticed that the sides of the trail were ridged, promising a somewhat firmer footing. Guiltily, I hopped abroad, passing five runners traversing the lupine quadrangle. Was this maneuver illegal? Perhaps I should be in the muck like everyone else? I tucked in right behind Jim Carlson before my yellow brick road disappeared. This was a terrific escape clause, but only for lighter, slighter runners.

Let you think I cheated, there was a catch. These ridged loopholes petered out occasionally, forcing the rider back into the fray. Not only that, to resume passage, I had to put my Dions into complete snowshoe hare leaping mode to once again attain the ridge. If the free ride evaporated quickly, the extra effort was not worth it. And occasionally, the ridge line was deceptive. What promised to be an easy ride sunk me down to my knees in full prayer position. So at least I didn't have to feel guilty. The wider snowmobile trails

CAMP SARATOGA 8KM SNOWSHOE RACE**FEBRUARY 17, 2007****CAMP SARATOGA****WILTON, NY**

01 Ken Clark	45M	45:43	100.00
02 Jason Clark	35M	51:58	98.65
03 Courteney Guertin	31M	52:09	97.30
04 John Onderdonk	40M	53:46	95.95
05 Cory Brown	20M	56:37	94.59
06 James Galipeau	31M	57:18	93.24
07 Bob Dion	51M	58:03	91.89
08 Larry Rosencrantz	42M	58:27	90.54
09 Jeremy Drowne	39M	58:37	89.19
10 Edward Alibozek	44M	58:57	87.84
11 Dan French Jr.	35M	59:28	86.49
12 Matt Mallet	31M	1:00:59	85.14
13 Sarah Rowe	29F	1:01:18	83.78
14 Jason Pare	34M	1:04:35	82.43
15 John Kenny	48M	1:04:46	81.08
16 Norm Hecker	46M	1:04:47	79.73
17 Tim Ratowski	35M	1:06:23	78.38
18 Paul Fiondella	60M	1:07:35	77.03
19 Vincent Kirby	50M	1:07:55	75.68
20 Eric Juzysta	40M	1:09:38	74.32
21 Mort Nace	40M	1:11:17	72.97
22 Jesse Milonovich	33M	1:12:18	71.62
23 Rich Gargano	29M	1:13:05	70.27
24 Gretchen Nace	15F	1:13:34	68.92
25 Paul Hartwig	50M	1:13:36	67.57
26 Miles Appling	19M	1:13:37	66.22
27 Jeffrey Lutzker	55M	1:14:14	64.86
28 Christine Reynolds	36F	1:14:18	63.51
29 John Pelton	67M	1:14:59	62.16
30 Laney Lutzker	56F	1:15:14	60.81
31 Chuck Ryan	54M	1:15:51	59.46
32 Peter Lipka	53M	1:16:04	58.11
33 David Boles	60M	1:17:28	56.76
34 Charles Petraske	24M	1:17:29	55.41
35 Rich Tanchyk	55M	1:18:18	54.05
36 Eric Recene	36M	1:18:48	52.70
37 Eric Smith	47M	1:19:15	51.35
38 Jim Carlson	59M	1:19:59	50.00
39 Jeff Coulter	42M	1:20:15	48.65
40 Tom Mack	42M	1:20:50	47.30
41 Sherry Hecker	35F	1:21:00	45.95
42 Erin McGarry	25F	1:21:09	44.59
43 Melisa Behr	54F	1:21:46	43.24
44 Pamela DelSignore	37F	1:21:59	41.89
45 Diane Gray	43F	1:22:18	40.54
46 Ed Decker	52M	1:22:52	39.19
47 Laura Clark	59F	1:23:29	37.84
48 Laurel Shortell	40F	1:23:42	36.49
49 Paige Madison	17F	1:24:11	35.14
50 Shannon Drowne	29F	1:24:15	33.78
51 Denise Dion	48F	1:24:17	32.43
52 Kermit Cadrette	68M	1:24:49	31.08
53 Kim Scott	38F	1:24:27	29.73
54 Aurora Lamperetta	34F	1:25:38	28.38
55 Bob Massaro	63M	1:27:06	27.03
56 Sue Johnson	46F	1:27:07	25.68
57 Eric Sanborn	43M	1:27:58	24.32
58 Steven Cupp	32M	1:29:21	22.97

59 Joe Geiger	65M	1:29:23	21.62
60 Chris Johnson	49M	1:29:24	20.27
61 Joseph Reynolds	62M	1:30:17	18.92
62 Sandy Tatarynw	28F	1:31:38	17.57
63 Juergen Reher	57M	1:32:13	16.22
64 Peter Finley	45M	1:35:37	14.86
65 Richard Busa	77M	1:36:45	13.51
66 James Howard	41M	1:37:20	12.16
67 Michael DellaRocco	55M	1:37:54	10.81
68 Keith Meyer	49M	1:41:44	9.46
69 Konrad Karolkzuk	54M	1:41:49	8.11
70 Meg O'Leary	36F	1:45:15	6.76
71 Susie Mitchell	33F	1:45:43	5.41
72 Stephan Mitchell	65M	1:45:44	4.05
73 Larry Peleggi	49M	1:52:52	2.70
74 Susan Mitchell	53F	1:55:41	1.35

GROUNDHOG LIED! (continued)

were more like running on sand, with shifting footprints providing little purchase. The narrower "shoes only" trails were slightly better in that there could only be one set of prints. If the prints of the person ahead of you matched your stride, you were in luck. If not, you either had to alter your natural stride or go back to the slip and slide method. Not a great choice either way.

Back at the Dining Hall, warmed by our two faithful Salamanders, the consensus was that if you were in the top ten you had an easier time of it than those in the middle and backpack positions who were forced to wade through churned up snow. The proof of this theory was that men's winner, Ken Clark, although 13 minutes behind his 2005 time (no race in 2006—ice storm), was enthusiastic about tackling Hallockville the next day. The rest of us were just groaning. Jeffrey Lutzker, Stryderland Coach, who has never ventured into the wilds of Massachusetts, commented, "It was a challenging race, but what a real snowshoe race should be." The rest of us, who had formed The Train at the North Pond Blizzard race, nodded sagely. Phil had no comment, just a sly wink to those in the know.

By Laura Clark with a little help from Phil and lots of help from Pieter Litchfield, who put in over 60 hours of his personal time clearing the trail of ice storm damage so we could play in the snow. If you don't know Pieter, he was the guy at the water stop. Next time you see him out there, be sure to thank him!

Thank you to everyone who supported Winterfest and Camp Saratoga, either by running or volunteering! See you next year!

Jeff and Laura Clark

HALLOCKVILLE

What a great weekend to snowshoe. The roads were clear and the woods were full of snow. Rob Smith and I met up for the drive out to Hawley. Rob noted he hadn't put on his snowshoes since Bolton Valley 11 months ago. We made good time driving out Route 2, it must have been due to the new section of road in Erving (finally!). Konrad and I worked registration while Ed was out giving the course a final once over. Gee, I think it was Konrad... he had on a face mask so it was hard to tell. Standing around is cold work and Konrad had trouble with his glasses constantly fogging up.

Ed rolled in and my first thought was "Uh oh, this is going to be tough". Ed had steam rolling off of him and he was covered in snow and ice. That meant it was hard work out there and that there would be lots of loose powder. Ed went to change and we continued to meet and greet people as they registered. There were lots of familiar faces, it felt good to be back on the Western Massachusetts trails.

I did a short warm-up in running shoes while Rob chugged along in his Dion's. Quick change and it was time to go. The weather was good with temperatures in the 20's and some sun that would interrupt the sudden snow squalls. As I trotted toward the line, Paul Low came charging off the trail. He was finishing his warm-up and not yet in his snowshoes. Boy, he likes to cut it close.

Ed gave us some last minute directions and we were off. The first 1.2 miles up Hallockville Road to Hell's Kitchen went by smoothly. This was the easy part of the race as the "road" is used by snowmobiles. We turned onto the single track of Basin Brook trail soon after. Paul Low had already disappeared from sight on his way to a lonely run in the woods. I hit the single track in sixth place and tried to find a rhythm in the deep loose snow. I watched Ken Clark closely and tried to match his strides to get into his footprints. Ken began to close on some of the guys who were breaking trail, they stepped off to the side and let us by. We crossed the stream just after the Shelter and one of the guys mentioned how we were a "conga line".

As we started the 200' climb I asked Ken if I could pass, and being the gentleman he is, he stepped aside and let me pass. I pushed as hard as I could trying to gap the field. Ken is on a tear this season and had won at Camp Saratoga on Saturday, I didn't want to have him close at the end. It seemed to work as I pulled ahead, but I found that I used up quite a bit of my energy and wasn't running all that fast on the flatter sections. Every once in a while I snuck a peek and Ken was closing on me. I worked the final climb and gapped him a bit before we hit the main road. I think the previous days 8k really took some of the juice out of Ken, I'm not looking forward to seeing him fresh!

Paul Low had time to jog back up the trail after winning, and he offered some encouragement as I came in. Kelli Lusk took her second victory of the year and her second top five overall finish.

The fireplace was a popular gathering place after the race. There were stories being swapped as people warmed up with hot cocoa and chili. Another super production by Ed!!

Hallockville and Merrimack articles by Dave Dunham

MERRIMACK RIVER SNOWSHOE

After trying to hold a snowshoe race at the river for these last few years, I finally got the opportunity. Mother nature gave us a timely foot of snow right before President's day. I hadn't been on the trail in a while and had no idea how much use it had since the mid-week storm. After running the Hallockville race I drove to the River and was surprised by the snow bank at the trailhead. The trail was blocked by an 8' high wall of snow. There was only one set of footprints over the first 1/2-mile of the course, but the rest of the trail had seen more use. The course looked to be in great shape and the footing was very solid. I put out about 75 flags and marked the one part of the trail that might be a bit confusing. The weather was great with temperatures in the 30's and the sun shining brightly. Race day would be a different story.

I pulled into the Wyndham parking lot at 7:00 AM and the wind was howling. The temperature was 12 degrees and the wind was steady at 20 MPH with gusts in the 30's. I hit the trail to make sure all markers were up and it took almost a mile to get any feeling in my hands. The wind was off the River, meaning it would be a cross-wind most of the way. The course markers were all in place and I returned to the comfort of my car. I conducted race registration without getting out of the car as the hardy group of snowshoer's showed up.

Ben Nephew, one of the top trail and snowshoe racers was a surprise entrant as he had run a 10-mile road race the day before (at 5:30 pace). There were a few of the regulars and one guy doing his first snowshoe race. At 9:00 AM we headed out. Ben sprinted out into the lead and I tried to keep close. As we reached Rte 93, Ben asked if it was okay to go along the River. We had checked it out before the race and it could be negotiated without going on the ice, thus avoiding the dirt/rock of running under the highway (yes, the race actually goes UNDER a highway). Ben's detour was slightly longer than the official course and he popped out a step behind me. It was a short-lived lead as Ben pulled up and I moved over and let him by.

Dan Verrington, the USATF 40+ Ultrarunner of the year, came up behind me a little bit after that and quickly passed. It looked like he might give Ben a race. Ben passed the mile mark in about 7 minutes with Dan about 10 seconds back and me another 10 seconds in arrears. I got to watch the race play out in front of me as Dan slowly closed the gap on Ben. Ben noted "I was all out the whole way and was starting to wonder when we were going to start heading back". Verrington closed to within a couple of steps by 2-miles. I passed through the mile to go mark in 17:22, just under 7:30 pace. I couldn't see the leaders until we hit the field with 1/2 mile to go, they were very close.

Ben ended up holding off Dan by five seconds and I was just happy to get in, finishing with a 7:29 last mile. The next few runners came in soon after and Ben, Dan, and I headed out to sweep the course and take down the course markers. We got out to the field in time to see Marie Leigh and Laurel Shortell battle for the top women's spot. Laurel was 15 seconds down with a 1/4 mile to go, but she was moving well. She ended up taking the victory by 41 seconds.

Thank you to everyone who came out and an extra thank you to Dan and Ben for helping out with course clean-up.

2nd ANNUAL HALLOCKVILLE POND 5 MILE SNOWSHOE RACE "BASIN BROOK VERSION"

Dubuque State Forest
West Hawley, MA
February 18, 2007

01. Paul Low	33	0:49:05	100.00
02. Dave Dunham	42	0:53:20	98.28
03. Kenny Clark	44	0:54:05	96.55
04. Matt Cartier	31	0:54:58	94.83
<u>05. Kelli Lusk</u>	<u>36</u>	<u>0:55:36</u>	<u>93.10</u>
06. Ethen Nedeau	34	0:55:39	91.38
07. Bob Dion	51	0:56:03	89.66
08. Dave Hannon	35	0:56:28	87.93
09. Erik Nedeau	35	0:56:51	86.21
10. Rob Smith	39	0:57:02	84.48
11. Jay Kolodzinski	27	0:58:01	82.76
12. Britt Brewer	43	0:59:08	81.03
13. Dave Wallace	52	1:00:13	79.31
14. Alan Bates	58	1:02:23	77.59
15. Norm Sheppard	45	1:03:12	75.86
16. Nic Scibelli	44	1:03:41	74.14
17. Tommy Lusignan	37	1:04:48	72.41
18. Peter Malinowski	52	1:05:12	70.69
19. Jay Curry	35	1:05:22	68.97
20. Paul Fiondella	60	1:05:29	67.24
21. Paul Hartwig	50	1:07:17	65.52
22. Bill Morse	55	1:07:18	63.79
<u>23. Chelynn Tetreault</u>	<u>31</u>	<u>1:07:41</u>	<u>62.07</u>
24. Wally Lempart	61	1:07:49	60.34
25. Craig Stokowski	49	1:08:00	58.62
26. John Pelton	67	1:08:48	56.90
27. Justin McCarthy	17	1:09:34	55.17
28. Peter Lipka	55	1:09:42	53.45
29. Dan Cooper	34	1:11:03	51.72
30. Barry Auskern	47	1:11:11	50.00
31. Dave Boles	60	1:11:27	48.28
32. Tom McCrumm	61	1:11:28	46.55
<u>33. Darlene McCarthy</u>	<u>44</u>	<u>1:11:39</u>	<u>44.83</u>
34. Ed Alibozek Jr	67	1:11:58	43.10
35. Howard Bassett	46	1:15:25	41.38
36. Ken Deary	54	1:16:08	39.66
<u>37. Laura Clark</u>	<u>59</u>	<u>1:17:38</u>	<u>37.93</u>
38. Chris Johnson	49	1:18:03	36.21
39. Bruce Grisafe	53	1:18:15	34.48
40. Martin Glendon	60	1:18:21	32.76
<u>41. Sarah Edson</u>	<u>30</u>	<u>1:18:25</u>	<u>31.03</u>
42. Eric Finney	36	1:18:48	29.31
43. Jeff Hattem	55	1:19:31	27.59
<u>44. Denise Dion</u>	<u>48</u>	<u>1:19:45</u>	<u>25.86</u>
45. Walt Kolodzinski	64	1:19:58	24.14
46. Bob Massaro	63	1:20:03	22.41
<u>47. Laurel Shortell</u>	<u>40</u>	<u>1:20:10</u>	<u>20.69</u>
48. Richard Hunt	68	1:22:15	18.97
49. Stephanie Cooper	39	1:22:43	17.24
<u>50. Chloe McGrath</u>	<u>15</u>	<u>1:23:47</u>	<u>15.52</u>
51. Patrick McGrath	42	1:23:48	13.79
52. Richard Busa	77	1:35:00	12.07
53. Jamie Howard	41	1:37:07	10.34
54. Bill Milkiewicz	52	1:39:35	8.62

55. Bill Glendonq	61	1:44:52	6.90
56. Konrad Karolczuk	54	1:44:53	5.17
<u>57. Julie Ryan</u>	<u>41</u>	<u>1:50:00</u>	<u>3.45</u>
58. Larry Dragon	46	1:50:01	1.72



Photos - Men's Champ Paul Low; Ladies Champ Kelli Lusk
Courtesy of Brad Herder

MERRIMACK RIVER 3.3-MILE SNOWSHOE RACE**FEBRUARY 19, 2007****ANDOVER, MA**

2007 Merrimack River 3.3 Mile Snowshoe Champion Ben Nephew and runner up Dan Verrington at the Trail-Head.

Dave Dunham Photo

Place	Name	Age / Sex	City / St	Team	Time	Points
1	Ben Nephew	31M	Mansfield, MA	CMS	0:23:30	100.0
2	Dan Verrington	44M	Bradford, MA		0:23:35	93.8
3	Dave Dunham	42M	Bradford, MA	CMS/WMAC	0:24:52	87.5
4	Dave Hannon	35M	Newton, MA	NETT	0:26:21	81.3
5	Rob Smith	39M	Charlestown, MA	CMS	0:26:34	75.0
6	Michael Fraysse	34M	Derry, NH		0:26:45	67.8
7	Peter LaGuy	47M	Hopkinton, MA	HRC	0:27:43	62.5
8	Warren MacPhail	40M	Winthrop, MA	Active/Aquapher	0:28:20	56.3
9	Jay Curry	35M	Lynn, MA	Crank Racing	0:31:45	50.0
10	Bill Morse	55M	Dracut, MA	WMAC/Dion	0:31:57	43.8
11	Allen Beebe	57M	N Chelmsford, MA	MVS/Tri Fury	0:34:07	37.5
12	Richard Busa	77M	Marlborough, MA	WMAC	0:42:37	31.3
13	Laurel Shortell	40F	Northampton, MA	WMAC	0:44:16	25.0
14	Marie Leigh	48F	Marlborough, MA	GFRC	0:44:53	18.8
15	Sherisa Sterling	53F	Ashburnham, MA	NMC/SQRR/WMAC	0:47:04	12.5
16	Barry Ostrow	64M	Ashland, MA	GFRC	0:55:01	6.3

Best Four Race Scores (so far...)

NAME	AGE	POINTS	AVG
01. Ken Clark	44	388.86	97.22
02. Bob Dion	51	358.92	89.73
03. Dave Dunham	42	327.47	81.87
04. Pete Lipka	55	240.27	60.07
05. Paul Hartwig	50	235.66	58.92
06. Tom Mack	42	224.33	56.08
07. Bill Morse	55	208.30	52.08
08. Jim Carlson	58	163.47	40.87
09. Laura Clark	59	134.24	33.56
10. Bob Massaro	63	132.50	33.13
11. Richard Busa	77	121.95	30.49
12. Laurel Shortell	40	119.81	29.95
13. Denise Dion	48	99.17	24.79
14. Konrad Karolczuk	54	28.86	7.22

Best Three Race Scores (so far...)

NAME	AGE	POINTS	AVG
01. Ken Clark	44	296.55	98.85
02. Dave Dunham	42	279.11	93.04
03. Bob Dion	51	278.92	92.97
04. Edward Alibozek	44	265.88	88.63
05. Vincent Kirby	50	227.67	75.89
06. Dave Hannon	35	218.47	72.82
07. Paul Fiondella	60	216.06	72.02
08. Paul Hartwig	50	199.76	66.59
09. John Pelton	67	199.32	66.44
10. Pete Lipka	55	186.82	62.27
11. Tom Mack	42	182.66	60.89
12. Jay Curry	35	178.97	59.66
13. Jessica Hageman	31	175.17	58.39
14. Dave Boles	60	170.83	56.94
15. Bill Morse	55	164.55	54.85
16. Ed Albiozek Jr	67	157.54	52.51
17. Jim Carlson	58	141.03	47.01
18. Bob Massaro	63	110.09	36.70
19. Laura Clark	59	106.03	35.34
20. Chris Johnson	49	105.2	35.07
21. Richard Busa	77	96.31	32.10
22. Laurel Shortell	40	94.81	31.60
23. Denise Dion	48	92.5	30.83
24. Jamie Howard	41	38.29	12.76
25. Steve Mitchell	65	25.95	8.65
26. Konrad Karolczuk	54	23.69	7.90
27. Susan Mitchell	53	9.17	3.06

Best Two Race Scores (so far...)

NAME	AGE	POINTS	AVG
01. Ken Clark	44	200.00	100.00
02. Paul Low	33	200.00	100.00
03. Jason Clark	35	194.70	97.35
04. Dave Dunham	42	191.61	95.81
05. Bob Dion	51	189.26	94.63
06. Jeremy Drowne	29	187.87	93.94
07. Kelli Lusk	36	182.84	91.42
08. Edward Alibozek	44	181.26	90.63
09. Jay Kolodzinski	27	169.94	84.97
10. Dave Hannon	35	169.18	84.59
11. Gregory Rems	30	168.89	84.45
12. Rich Gargano	24	161.06	80.53
13. Rob Smith	39	159.48	79.74
14. Vincent Kirby	50	153.31	76.66
15. Ben Nephew	31	150.00	75.00
16. Paul Fiondella	60	148.82	74.41
17. Jessica Hageman	31	143.12	71.56
18. John Pelton	67	142.42	71.21
19. Chelynn Tetrault	31	141.56	70.78
20. Charles Petraske	29	138.30	69.15
21. Rich Tanchyk	55	138.26	69.13
22. Eric Smith	47	136.88	68.44
23. Tom Mack	42	135.36	67.68
24. Paul Hartwig	50	134.24	67.12
25. Jay Curry	35	128.97	64.49
26. Pete Lipka	55	128.71	64.36
27. Jeff Coulter	42	124.97	62.49
28. Dave Boles	60	122.55	61.28
29. Bill Morse	55	117.12	58.56
30. Ed Albiozek Jr	67	114.44	57.22
31. Pamela Del Signore	37	114.26	57.13
32. Howard Bassett	46	105.48	52.74
33. Barry Ausken	47	103.85	51.93
34. Jim Carlson	58	100.00	50.00
35. Keith Meyer	49	97.62	48.81
36. Paige Madison	17	91.72	45.86
37. Chris Johnson	49	84.93	42.47
38. Eric Sanborn	43	84.85	42.43
39. Bob Massaro	63	83.06	41.53
40. Kim Scott	38	82.36	41.18
41. Allen Beebe	57	81.21	40.61
42. Laura Clark	59	75.77	37.89
43. Aurora Lamperetta	34	70.49	35.25
44. Laurel Shortell	40	67.18	33.59
45. Denise Dion	48	66.64	33.32
46. Richard Busa	77	65.06	32.53
47. Sue Johnson	46	63.84	31.92
48. Walter Kolodzinski	64	54.91	27.46
49. Joe Geiger	41	54.51	27.26
50. Jeff Hattem	55	47.59	23.80
51. Michael Della Rocca	55	46.34	23.17
52. Juergen Reher	57	39.30	19.65
53. Meg O'Leary	36	35.71	17.86
54. Jamie Howard	41	27.95	13.98
55. Peter Finley	45	25.12	12.56
56. Steve Mitchell	65	21.90	10.95
57. Konrad Karolczuk	54	16.00	8.00
58. Larry Peleggi	49	11.67	5.84
59. Susan Mitchell	53	7.82	3.91



PLEASE ENTER ME IN THE COVERED BRIDGE / HOXIE THUNDERBOLT SNOWSHOE RACES / FEBRUARY 24, 2007

9:30 A.M.

NAME _____ AGE _____ TEAM _____

ADDRESS _____ GENDER _____

CITY _____ STATE _____ ZIP _____

EMAIL _____

PHONE _____

ENTRY \$ _____ \$12.00

\$ _____ \$10.00 – WMAC MEMBERS

>65 OR <18 YEARS OLD \$ _____ FREE ENTRY TO RACE



In consideration of this entry being accepted, I hereby for my heirs, executors and assigns waive and release any and all claims for damages I may have against the director, sponsors, their representatives, property owners, successors, or assigns for any and all injuries suffered in said event.

Signature (parent if under 18) _____ Date _____

PLEASE ENTER ME IN THE HALLOCKVILLE POND II SNOWSHOE RACE / FEBRUARY 25, 2007

9:30 A.M.

NAME _____ AGE _____ TEAM _____

ADDRESS _____ GENDER _____

CITY _____ STATE _____ ZIP _____

EMAIL _____

PHONE _____

ENTRY \$ _____ \$7.00

\$ _____ \$5.00 WMAC MEMBERS

>65 OR <18 YEARS OLD \$ _____ FREE ENTRY TO RACE



In consideration of this entry being accepted, I hereby for my heirs, executors and assigns waive and release any and all claims for damages I may have against the director, sponsors, their representatives, property owners, successors, or assigns for any and all injuries suffered in said event.

Signature (parent if under 18) _____ Date _____

The Covered Bridge race is a "Two for One" event; every one races in the 3.5-mile northern route up Hoxie Brook. At the finish line, you have a chance of calling it a day for one score, based on everyone racing. You also can continue onto the southern half of the figure eight, the Covered Bridge section, for an additional 4.5-mile loop. This adds up to the 8-mile second race, which allows you to score again. One fee, two races, food after.

Hope to see many of you there.

On Sunday, we will meet up at the Hallockville Pond SCA groups shelter (just like the February 18th event) but we will stay on the west side of the forest for an easy 4 or so miler on mostly snowmobile trail. It rolls a bit, but nothing serious.

We hope to see some of you there also.