11th SARATOGA WINTERFEST 5K SNOWSHOE RACE SARATOGA SPA STATE PARK Saratoga Springs, NY

SNOWSHOE WALKERS AND RUNNERS WELCOME!

DATE/TIME	FEBRUARY 7, 2010		11:00 AM			
START/FINISH	SARATOGA SPA PARK, RO	OUTE 50				
REGISTRATION	9:30–10:45 AM, ADMINISTRATION BUILDING					
REGISTER ONLINE:	GO TO www.saratogastryders.org for link to www.active.com					
ENTRY:	\$17 (WITH SHIRT) \$20 Pre-Register ONLY: \$24 Fill out both Winterfest and Age 65 and over: FREE (Shir	Wilton Camp Sarato	Wilton (1 SHIRT	both events) N	O REFUNDS	
FREE LUNCH	FOR ATHLETES, VOLUNT	EERS and GUEST!				
SNOWSHOE SIZE:	120 sq. in. FUNCTIONAL SURFACE AREA (ALL ADULT SSHOES OK)					
LOANERS:	PROVIDED BY DION SNOWSHOES (<u>www.dionsnowshoes.com</u>) LIMITED NUMBER Slight rental fee payable day-of. CALL OR EMAIL EARLY TO RESERVE A PAIR.					
WEB APPS / INFO:	WWW.RUNWMAC.COM		WWW.SARATOGASTRYDERS.ORG			
INFO:	www.empirestatesnowshoe.or	<u>-g</u>				
SNOW CONDITIONS:	IF NO SNOW, WILL HAVE A TRAIL RACE. NO REFUNDS.					
DIRECTIONS:	INTERSTATE 87 TO EXIT 13N. GO APPROXIMATELY 6 MILES NORTH TO PARK ENTRANCE. UP AVENUE OF PINES. FOLLOW SIGNS TO LITTLE THEATRE LOT.					
RESULTS:	BOTH: <u>WWW.RUNWMAC</u>	BOTH: WWW.RUNWMAC.COM		WWW.SARATOGASTRYDERS.ORG		
BENEFITS:	NATURAL HERITAGE TRU	JST				
MORE INFO	LAURA CLARK <u>laura@sa</u>	aratogastryders.org	JEFF CLARK 5	518-581-7550		
	PART OF THE 2010 WMAC's I IADE OUT TO: LAURA CLAR			PRINGS, NY 1	2866	
NAME		GENDER	AGE	DOB/_	/	
ADDRESS		NEED SNOWS	SHOES?	TEAM		
CITY		STATE	ZIP		RACA	
PHONE		ENTRY	\$17 w/SHIRT		A STATE OF THE STA	
"WINTERFEST"			\$20 day of-(shi \$24 for both W Over 65 and Un	interfest & Wil	ton (1 shirt)	
EMAIL		CIRCLE SHIR	T SIZE S	M L	XL	
director, sponsors, their representatives	ccepted, I hereby for my heirs, executors a s, property owners or assigns for any and a f Parks, Recreation and Historic Preserva and all claims.	all injuries suffered in said e	event. I also release th	he people of the Sta	ate of New York,	
SIGNATURE (parent if unde		DATE				